



MORNING PROGRAM

How to Show You Care: *Expressing Appreciation and Caring – by Type*

PRESENTER: Margaret Hartzler, Ph.D.

WHEN: Saturday, February 11, 2012

9:00–9:30 – Registration, networking and light refreshments
9:30–12:30 – Program

WHERE: Chetcuti Community Room • 450 Poplar Avenue, Millbrae, CA

RSVP: <http://baapt021112.eventbrite.com> (guests and members asked to RSVP)

FREE to BAAPT members and first-time guests • Guest Fee (Morning) \$30

People frequently believe that the best way to show they care is to do for others what they would like others to do for them. Unfortunately this does not always get the desired results. There are typological as well as experiential differences in how people like to be shown they are appreciated or cared for. We will explore the data from research and engage in an exercise to see what BAAPT attendees have to say.

There will be graphics to present some basic information and an exercise to illustrate the main points as well as to gather more data. This presentation is designed to appeal to anyone who is familiar with the basic model of Jungian psychological type. Breakout groups will be by dominant function.

We will explore how participants want caring shown to them by co-workers, friends, and intimates. Participants will also explore how they now typically show that they care. Usually there is a significant correlation between Type preferences and communication about caring. Normally attendees discover ways to modify their expressions of caring to better meet other peoples' wants. After the program they will have newly-minted language to tell others how *they* want caring shown to *them*.

AFTERNOON WORKSHOP

Communications at Work: *Extraverting & Introverting the Functions*

1:30 – 3:30 PM

RSVP: <http://baapt021112.eventbrite.com> (guests and members asked to RSVP)

BAAPT members fee: \$15 • Guest Fee for Workshop \$30

(see reverse for description of afternoon workshop)



Dr. Margaret Hartzler, ENFJ, earned her Ph.D. in counseling at the University of Florida. Her doctoral thesis was on marital satisfaction and Type. Margaret is best known for developing, with Katharine Myers, the first publically offered Qualifying Program for the MBTI® and offering this program world-wide.

www.8functions.com



(continued from other side)



BAAPT

BAAPT AFTERNOON WORKSHOP

1:30 – 3:30 PM

Communications at Work: *Extraverting & Introverting the Functions*

PRESENTER: Margaret Hartzler, Ph.D.

RSVP: <http://baapt021112.eventbrite.com> (guests and members asked to RSVP)
BAAPT members fee: \$15 • Guest Fee for Workshop \$30

Most of us want to communicate more effectively. Understanding psychological Type from a Jungian/Myers perspective can be one of our tools for improving communications so people of other preferences can clearly understand us.

In this workshop we will experience ways to improve our ability to use Type knowledge to tailor our communications. We will also explore the challenges of communicating effectively with those whose Type preferences are completely opposite to our own. The workshop will be primarily experiential.

Take-aways:

- a copy of the slides presented
- a summary of data on how each of the eight functions tends to communicate
- the practical experience of communicating with our opposites



CEUs

- **2.5 MBTI® MPCP continuing education credits** will be offered for the morning program – *FREE to BAAPT members*
- **2 credits** will be offered for the afternoon workshop – *FREE to BAAPT members*
- GUESTS may purchase CE, \$15 morning, \$10 afternoon (NOTE: these fees are in addition to the program and workshop fees themselves)



LUNCH

For those attending both the morning and afternoon sessions, **BOX LUNCHES** can be ordered for **\$13**, or you may take your lunch break off campus. [Purchase your lunch on the Eventbrite RSVP](#) and we will contact you about your menu options. Thanks!